



SKIN CARE PRODUCT GUIDE

100% PROUDLY AUSTRALIAN



O STANDS FOR

The true beauty of an individual lies in self confidence.
We celebrate its potency, write about it, sing about it
and succumb to its allure.

As an individual you'll know the condition of your skin
takes a lead role in determining your self confidence.
With confidence comes empowerment.

O Cosmedics lays the foundation for timeless beauty
and gives you the chance to show your true beauty,
maintain or regain skin health and ultimately skin youth!

O stands for being happy with your skin!

WELCOME

It is my greatest pleasure to bring you O Cosmedics, fast becoming Australia's leading professional salon-only skin care brand. O is a successful collaboration with leading scientists around the globe and local cosmetic chemists. Australian made and owned, O is based on decades of scientific research, clinical data and supporting papers. I left no room for error when creating O.

Using the purest combination of medical grade ingredients, cosmetic science and our very own world exclusive V8 Peptide Complex™, O Cosmedics was designed with three things in mind: aging, biomimetic technology and the principles of Corneotherapy.

O is precision skincare that works on the threshold of medicine to treat the five major causes of aging: Collagen Breakdown, Inflammation, Glycation, Photo Defence and Oxidation. *Our goal is to retain or regain skin health and skin youth!*

O talks to the cells via biomimetic technology that mimics the cell function and optimises its activity. Unlike "feel good, smell good" cosmetics with insignificant levels of active ingredients, O uses ingredients that have a perfect affinity with the skin. Used in their recommended doses they trigger cellular activity in order to change cell behaviour bringing them out of early retirement.

O's Corneotherapy values set it ahead of the rest in the knowledge that the skin, the body's largest organ, is treated with care making sure it is not over exfoliated and the skin integrity and skin barrier are respected at all times. O is chemical preservative free, void of any nasties and never tested on animals.

We are blessed to live in a world of advanced technology and medical breakthroughs allowing us to age proof our skin, kicking aging to the curb. Thank you for trusting Australia's most sophisticated skincare brand – in return we give you healthy, youthful and radiant skin!

Yours in SKIN HEALTH



Marie Enna-Cocciolone
Founder & CEO



CLEANSE AND EXFOLIATE



GENTLE ANTIOXIDANT CLEANSER

Professional Strength with V8 Peptide Complex®
100ml/3.8 oz e

A gentle daily facial cleanser strengthened with powerful antioxidants. Suitable for all skin types including reactive and rosacea skins, post peel, laser and surgery cleansing. Fortified with anti-pollutant boosters that trap and remove dirt and excess sebum. V8 Peptide Complex™ leaves the skin super hydrated and refreshed. *A daily must have!*

Perfect for all skin types including the most compromised.

How to Use: Splash face with warm water, apply a small amount of cleanser to fingertips and massage into a lather on face and throat. Remove with a face cloth and then rinse thoroughly with warm water. A second cleanse is recommended if you are wearing makeup. Ideal eye makeup remover.



CORRECTIVE CLEANSER & PEEL

Professional Strength with V8 Peptide Complex®
100ml/3.8 oz e

A corrective cleanser and mild-peel in one which purifies and thoroughly frees your skin of imbedded dirt, makeup, excess sebum and damaging pollutants. High-powered L-Lactic and encapsulated Salicylic Acids gently exfoliate dead skin cells, unclogs congested pores and discouraging impurities. V8 Peptide Complex™ ensures skin is left super hydrated and renewed. *Daily home facial!*

Perfect for oily, congested, problematic skins and skins looking for regular exfoliation. NOT FOR FINE, SENSITIVE SKINS.

How to Use: To activate this cleanser you must shake the bottle before every use. Splash face with warm water, apply a small amount of cleanser to fingertips and massage into a lather on face and throat. Remove with a face cloth and rinse thoroughly with warm water. For a mild-peeling effect apply the corrective cleanser on dry, clean skin and leave for 2-3 minutes, then rinse as normal.

Avoid eye area, not to be used as an eye makeup remover.



EXFOLIATING CLEANSER

Professional Strength with V8 Peptide Complex®
100ml/3.8 oz e

Cleanser and scrub in one. Empowered with not one but four physical exfoliating beads (Cranberry Seeds, Jojoba Beads, Diatomaceous Earth and Hydrated Silicone Crystals) to offer the skin an invigorating, deep cleansing experience. Fortified with V8 peptide complex™ the skin is left super hydrated, radiant and awakened. *It doesn't get better than this!*

Perfect for most skin types. Do not use on red inflamed skins.

How to Use: After cleansing your skin apply a small amount of Exfoliating Cleanser to finger tips and massage on face and throat. Leave 2-3 minutes for the ultimate deep cleansing effect and then rinse thoroughly with warm water. Use up to 4 times a week for healthy, glowing skin.



3 in 1 Fruit Peel Mask

Professional Strength with V8 Peptide Complex®
50ml/1.7 oz

A unique 3 in 1 Fruit Peel, Mask and Gommage that exfoliates using fruit enzymes by releasing redundant cells and stimulating new healthy ones promoting a healthy, smooth, hydrated and radiant skin. One easy step, three great benefits.

Triple Treat!

Perfect for all skin types when applied as a mask. Do not gommage red, inflamed skins.

How to Use: On clean, dry skin apply 3 in 1 Fruit Peel like a mask using fingertips to face and throat, leave for five minutes and remove in a Gommage fashion (support skin and rub off gently with fingers). It is recommended that sensitive or inflamed skins remove with water and a face wash. Use once or twice a week.

Three things can happen when you first use O:

1. Your skin loves it immediately and you become an O addict.
2. Your cells refute it. Your skin may flush, tingle and / or flake. Don't panic, simply introduce the products slowly; this is a sign your cells are annoyed with you for making them "get back to work."
3. Your skin may look older – perfect! This means the underlying redundant cells have moved to the surface. Your Clinical Aesthetician can perform an enzyme peel that will reveal your new and amazing skin!

*** Note 2 & 3 will ultimately bring you back to 1.**

CORRECTORS



PURE AGE DEFIANCE SERUM

Professional Strength with V8 Peptide Complex®
30ml/1.0 oz e

Super concentrated doses of pure L-Sodium Hyaluronate, Acetyl Octapeptide-3 and a 100% natural skin-tightener make this topical skin filler a potent youth accelerator. Fortified with encapsulated multi vitamins and V8 Peptide Complex® this serum helps to relax the muscle, and decrease appearance of lines and wrinkles, leaving the skin hydrated and radiant. **Hero product!**

Perfect for all skin types looking for super hydration, calming and soothing, youth and radiance.

How to Use: Use 1-2 pumps around the eyes, face and throat morning and/or evening after cleansing and before hydrating.



REPAIR SERUM

Professional Strength with V8 Peptide Complex®
30ml/1.0 oz e

This super potent Repair Serum contains a unique blend of next generation ultra-strength antioxidants, ceramides and anti-irritants to help fortify the skin's barrier, assist in healthy cell production and support the reduction of inflammation. V8 Peptide Complex™ ensures the skin is super hydrated and protected. **Pure TLC!**

Perfect for weakened, irritated, red , reactive skins.

How to Use: Use 1-2 pumps on the face and throat morning and/or evening after cleansing and before hydrating.



POTENT CLEARING SERUM

Professional Strength with V8 Peptide Complex®
30ml/1.0 oz e

Not one but four potent actives that control breakouts and diminish the appearance of scarring. Encapsulated Salicylic Acid and L-Lactic Acid exfoliate the skin (inside and out) and encourage cell turnover whilst powerful botanicals support the reduction of inflammation. V8 Peptide Complex™ ensures skin is left super hydrated and rebalanced. **Life saver!**

Perfect for breakouts, congestion and even ingrown hairs.

How to Use: Apply to affected areas morning and evening after cleansing and before hydrating. Potent Clearing Serum may be successfully used on breakouts on other areas of the body.

Do not layer with other actives unless instructed by a skin therapist.

POTENT RETINOL SERUM(0.5%)



Professional Strength with V8 Peptide Complex®
30ml/1.0 oz e

100% pure, bioactive Retinol in micro-encapsulation technology ensures superior stability and potency. This extraordinary vitamin A complex offers visible cosmetic anti-aging benefits to dramatically reduce the appearance of fine lines and wrinkles, promote a firmer more elastic skin texture and even out skin tone. V8 Peptide Complex™ ensures skin is calm, super hydrated and renewed. *Shhh, it's your secret!*

A must have for anti-aging. Perfect for all skins using Vitamin A for the first time.

How to Use: Mix 1-2 pumps of Potent Retinol Serum into 1-2 pumps of O Cosmedics™ treatment hydrator before application. Mix on finger tips and apply to face and throat. Begin usage every second or third evening and gradually increase usage to every day giving your skin time to build up tolerance and avoid sensitisation. Not to be used neat on the skin. Use in the evening.

RETINOL CONCENTRATE (1%)



Professional Strength with V8 Peptide Complex®
30ml/1.0 oz e

A powerful concentration of 100% pure bioactive Retinol with superior stability and potency. Retinol Concentrate uses the highest allowable concentration of Retinol before a prescription. Its skin renewing benefits make it a first class anti-aging tool! V8 Peptide Complex™ ensures skin is super hydrated and rejuvenated. *Five stars!*

A must have for anti-aging. Perfect for all skins that have used high strength Vitamin A before.

How to Use: Mix 1-2 pumps of Retinol Concentrate into 1-2 pumps of O Cosmedics™ treatment hydrator before application. Mix on finger tips and apply to face and throat. Begin usage every third or fourth evening and gradually increase usage to every 1-2 days giving your skin time to build up tolerance and avoid sensitisation. Not to be used neat on the skin. Use in the evening.

O talks to the cells when the skin's not listening...

That's the Cosmedical difference!

CORRECTORS



O-BIOTICS™ EGF BOOSTER

Biomimetic Cell Optimiser

30ml/1.0 oz e

A biomimetic breakthrough! "Bios" meaning life, "Mimesis" to imitate. This serum uses 3 biomimetic peptides that imitate the biological conditions found in healthy skin to activate cellular and epidermal growth factor activity as well as preserve the life of these cells. All skins looking for age prevention or correction, for the improvement of lines and wrinkles, skin firming, increased elasticity and Hyaluronic Acid will love this serum! *It's like weights for the skin!*

Perfect for all skins looking for skin health and skin youth.

How to Use: On clean, dry skin use half to one drop; apply around face and neck. Massage until fully absorbed.



O-BIOTICS™ B3 PLUS

Even Skin Tone + Collagen Boosting

30ml/1.0 oz e

Boosts the skin's immune system, treats hyperpigmentation, acne, rosacea and is a vital source of cell energy, optimising cellular communication and reinforcing skins barrier functions. A perfect treatment for acne, hyperpigmentation and rosacea. All skins looking to improve their immune function, induce skin health and radiance, even out skin tone, improve skin texture and protection will be addicted to this serum. *Boosts skin's immunity!*

Perfect for all skins, especially acne, hyperpigmentation and rosacea.

How to Use: On clean, dry skin use half to one drop; apply around face and neck. Massage until fully absorbed.



PURE C + BHA

Professional Strength

15g/0.5 oz e

Pure and potent. Protect your skin from free radical damage using the most powerful antioxidant benefit of fresh, chirally corrected Vitamin C. This pure L'Ascorbic Acid with encapsulated BHA offers daily exfoliation and antioxidant benefits second to none. *Radiance plus!*

Perfect for all skins, in fact an absolute daily must.

How to Use: Mix half to one scoop into your choice of O Cosmedics serum or treatment hydrator. Apply to face and throat daily.

EYE CARE



EYE CORRECT

Professional Strength with V8 Peptide Complex*
15ml/0.5 oz e

Eye Correct's unique, patented, luminescent effect lightens and smoothes the delicate eye area, whilst powerful moisturisers and a Tetrapeptide help to reduce puffy eyes, reduce appearance of lines and wrinkles, boost firmness and elasticity. *You gotta love that!*

Perfect for all skins looking for wrinkle free, youthful eyes.

How to Use: Pump a small amount onto the spatula and apply directly to the eye area using the spatula, blend in with fingers using a patting motion. Re-apply AFTER make-up as a brilliant under eye concealer.



EYE FUSION

16ml/0.56 oz e

Eye Fusion's synergistic blend of award winning actives work together to plump the skin from within, boosting the production of not just collagen and elastin but the ever-essential Hyaluronic Acid. A simple two-step process treats the eye area from the inside out, giving a natural filler-injection like result and a luxurious, hydrating, antioxidant age reversal seal. *The total eye privilege!*

Perfect for all skins concerned with aging.

How to Use: On clean, dry skin apply step 1 Bio-Energy Eye Gel over the entire eye area and allow to dry. Apply step 2 Cell to Cell TX Cream around the eye area. Allow to absorb, do not rub or peel the skin.

YOUTHFUL EYES TIP:

Use the two Eye Fusion products
and then finish off with Eye Correct.

Every morning and every night for eye bliss!

TREATMENT HYDRATORS



ANTIOXIDANT HYDRA-MIST

Professional Strength with V8 Peptide Complex®
50ml / 1.7 oz e

Antioxidant Hydra-Mist is a liquid hydrator for on the go! A handbag essential, an on-board must have and powerful antioxidant perfect for topping up and restoring hydration and fighting free radical damage. An all round skin health hero for face and body, Antioxidant Hydra-Mist can be sprayed whenever your skin is feeling dry or stressed. *Perfect makeup setting spray too!*

Perfect for all skin types. A product with its own frequent flyer number!

How to Use: Spray lightly onto face and/or body when skin feels stressed, dry, dehydrated or tight. Close eyes gently, do not squint and spray away.



COMFORT CREAM

Professional Strength with V8 Peptide Complex®
50g / 1.9 oz e

TLC in a jar! As the name suggests, this treatment hydrator provides total comfort and skin barrier repair for even the most compromised skins. Containing precious oils, EFAs, super antioxidants, intense hydrators and V8 Peptide Complex™, this luxurious textured treatment hydrator will not only heal, protect, hydrate and repair but also go into battle against UV stress and signs of aging. *Cosmedical luxe!*

Perfect for all normal, dehydrated, dry, sensitive, compromised, damaged and aging skins.

How to Use: Apply 1-2 pumps around eyes, face and throat morning and/or evening.



IMMORTAL CREAM

Professional Strength with V8 Peptide Complex®
50g / 1.9 oz e

Cutting edge super-antioxidants and potent concentrations of V8 Peptide Complex™ make this age defying cream a five star anti-aging treatment. Fortified with mega doses of Vitamin C it works to awaken and hydrate the skin, assist relaxation of muscles and help to reverse and diminish the signs of aging whilst providing a feeling of instant lift. *Never ending youth!*

Perfect for assisting line and wrinkle relaxation, age prevention, super hydration, youth and radiance.

How to Use: Apply 1-2 pumps around eyes, face and throat morning and/or evening.

RECOVERY CREAM



Professional Strength with V8 Peptide Complex®
50g/1.9 oz e

Specifically formulated to support the skin's repair mechanism, help restore its protective barrier and dramatically assist reduction of inflammation. This super-comforting yet ultra-powered age defying cream has been fortified with potent antioxidants, which gives a "volumising effect without surgery" and ultimate skin radiance. V8 Peptide Complex™ ensures skin is super hydrated, protected and comforted. **Best seller!**

Perfect for assisting weakened, reactive skins looking for youth and radiance.

How to Use: Apply 1-2 pumps to face and throat morning and/or evening.

REBALANCING CREAM



Professional Strength with V8 Peptide Complex®
50g/1.9 oz e

This light-weight, oil free lotion offers a unique blend of ingredients designed specifically for problematic skin. Targeting bacteria, excessive sebum production and build up on the skin's surface, daily application will aid in improving the skin's condition. V8 Peptide Complex™ ensures skin is left rebalanced and refreshed.

Skin blessing!

Perfect for assisting problematic and/or hormonally challenged skins showing signs of breakout, oil imbalance and congestion. Favourite for guys.

How to Use: Apply 1-2 pumps to face and throat morning and/or evening.

YOUTH ACTIVATING OIL-BALM



20g/0.71 oz e

Youth Activating Oil-Balm is a corrective treatment serum rich in vitamins and fatty acids. The L22 restores the skin's lipid composition to that of a healthy 22 year old while the Lakesis increases the production of Klotho (a youth protein) in the fibroblast and reactivates cellular detoxification. **Heavenly!**

Perfect for dry, dehydrated, aging skins looking for extra comfort and nourishment.

How to Use: Emulsify half a pump on fingers tips and apply to skin after serum and before or after treatment hydrator. Take care not to overuse – less is best.

Dewy skin tips: For a dewy skin finish mix a small amount in with your hydrator or into your foundation.

PROTECT & CORRECT



UNTINTED
AUST L163044

TINTED
AUST L199238

MINERAL PRO SPF 30+

Suitable for all skin types
Triple Defense Action
75g/2.65 oz e

Mineral Pro SPF 30+ is a daily moisturiser that provides broad spectrum UVA & UVB protection. This lightweight, non-whitening, fast absorbing formula is also enriched with conditioning ingredients of Resveratrol and Palmitoyl Oligopeptide. The spectrum SPF 30+ protection may assist to prevent solar keratoses and sunspots, and reduce the risk of some skin cancers. When used daily as directed, this must-have SPF 30+ sun protectant can aid in the prevention of premature skin aging, leaving the skin looking more youthful and radiant...and it smells yummy too!

How to Use: Always read the label and use only as directed.

Apply daily to face and neck. Use liberally to clean, dry skin 15-20 minutes before sun exposure and again after swimming or drying off with a towel.

Warning: Avoid contact with eyes – rinse with water to remove. Discontinue use if irritation occurs and seek medical advice. Keep out of reach of children. Prolonged exposure to the sun should be avoided. Suitable clothing, hat and eyewear should be worn at all times in the sun.

TRIAL & TRAVEL

SKIN HEALTH PRESCRIPTION KITS

Designed with the travelling O addict in mind.
Four skin solutions ensure you travel light and maintain your daily skin regime.
Skin Health Prescription Kits are also a great way to introduce your skin to a cosmedical skincare regime that works on giving cells their energy back in order to achieve cell optimisation and total skin health.

Each kit provides four key products to combat skin concerns:



For weakened and impaired skin.
Assists skin strengthening.



For skins concerned with aging.
Assists in age prevention and correction.



For challenged skins. Assists problematic,
congested and hormonal skins.



For all skins. Assists normal skin
function and cell optimisation.

PRO DERMAL PLANNING SERIES (a.k.a.PDP)

In-clinic Professional Skin Treatments

Corrective skin treatments start in-clinic with treatment results maintained at home. PDP offers booster treatments based on medical strength actives to work skin deep returning its normal skin function and cell optimisation. A course of treatments once a week for 6-8 weeks is normally sufficient to change the cells' behaviour and a monthly maintenance treatment thereafter keeps them on track.

PDP corrective salon treatments are between 30-45 minutes and include a deep cleanse, exfoliation, customised peel and alginate rubber mask. Peels consist of:

1. **Pomegranate Enzyme Peel:** The ideal entry-level peel for all skin types including sensitive skins.
2. **Pumpkin Enzyme & Fruit Acid Peel:** An effective yet gentle peel for all skins especially sun damage, aging and uneven skin tone.
3. **Catalyst Retinol Peel:** A Vitamin A, B3 and AHA skin correction treatment for most skins.
4. **Oxygenating Enzyme Peel:** Natural fruit peel with Papaya, Pumpkin and Pomegranate Enzymes in one offers intense oxygenation and skin pick me up.
5. **Bio-White Peptide Peel:** A high strength Vitamin C and Peptide peel especially for pigmented, dull and uneven skin tones.
6. **Alpha-Beta Peel:** A serious skin resurfacing peel made of concentrated levels of Lactic Acid, AHAs, BHA and B3. Not for the faint hearted or before a special occasion.

Ask your skin therapist to customise a skin fitness program to help you achieve your skin goals.